

2019 Glassner Capital City 100



Start at the new ASU football stadium and go South to Pintlala

- RS1 @ 15.1 (Snowdoun UMC)
- RS2 @ 25.7 (Providence Presbyterian, 10.6 from RS1)
- RS3 @ 35.9 (White Cloud Missionary Baptist, 10.2 from RS2)
- RS4 @ 53.4 (Pleasant Hill AME Zion, 17.5 from RS3)
- RS5 @ 73.0 (Mt. Carmel UMC, 19.6 from RS4)
- RS6 @ 82.6 (Pintlala Baptist, 9.6 from RS5)
- RS7 @ 91.0 (Snowdoun UMC, 8.4 from RS6)
- FINISH @ 106.0 (15 from RS7)

