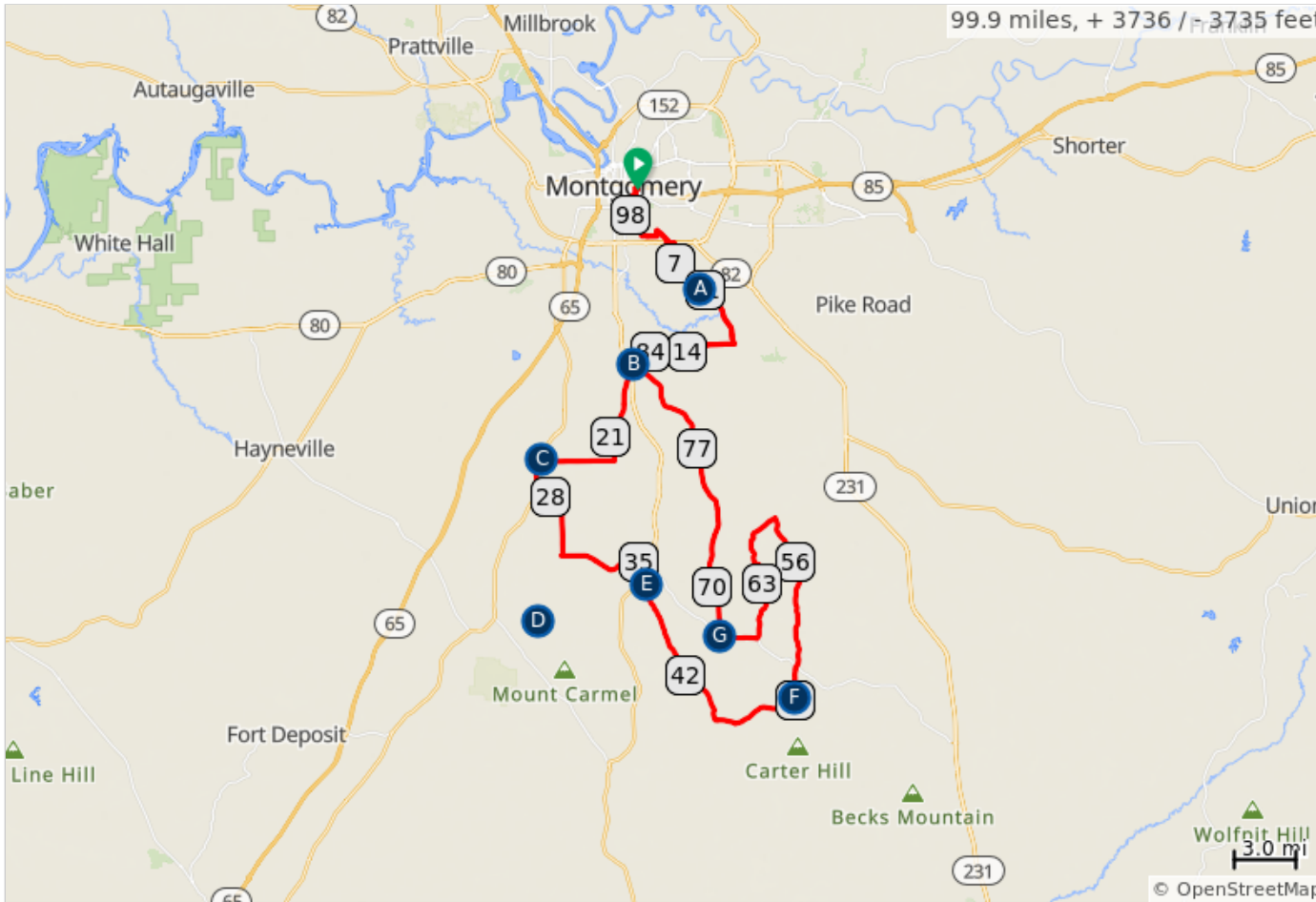


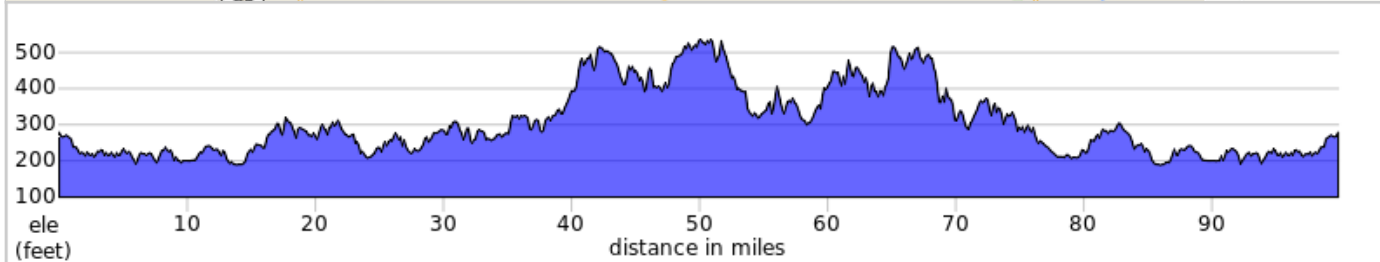
2023 Glassner Capital City 100 - 100



99.9 miles
 3,736 feet of climbing
 ** Follow WHITE & PINK road markings **

Start at the new ASU football stadium and go South to Snowdown

- 7 REST STOP
- RS1 @ 8.5 (Covenant Ministries)
 - RS2 @ 17.1 (Snoudown UMC, 8.6 from RS1)
 - RS3 @ 25.5 (Pintlala Baptist, 8.4 from RS2)
 - RS4 @ 36.9 (Pleasant Hill AME Zion, 11.4 from RS3)
 - RS5 @ 49.3 (Friendship Baptist, 12.4 from RS4)
 - RS6 @ 67.6 (Ramer UMC, 18.3 from RS5)
 - RS7 @ 82.7 (Snowdown UMC, 15.1 from RS6)
- FINISH @ 99.9 (17.2 miles from RS7)



A. Rest Stop #1